



NEWSLETTER

September 2023



The famous American poet, Henry Wadsworth Longfellow once said “Music is the universal language of mankind”. We all have our particular choice of the music we listen to – classic, sacred, country, rock, pop, hip-hop, opera, musicals, German lieder, etc. But for the residents of Arbor Sherwood, opera, lieder and operetta were what we enjoyed on Friday, 11th August when we heard the beautiful singing by

soprano Alison Saunders and tenor Benjamin Martin, so beautifully accompanied by John Woods on the keyboard, a programme all too short. It came to me that we would have paid much, much more to hear them in a concert hall; we had this privilege for a mere \$5!! We are fortunate to have the organisational and musical talents of Valerie Towers available to us in providing many enjoyable musical moments through the Arbor Singers, the Arbor Ukulele Players and other musical events. Our sincere thanks to Valerie for providing us with the opportunity to experience what was a thoroughly enjoyable hour of great music. Happily, we can look forward to another performance next year. *Kaye (403)*





August birthdays

Happy birthday to Kath, Delma, Donna and Nora. Delma is about to cut the beautiful cake made by Iris. Thank you Iris. Bill also celebrated his birthday in August. We hope each of you had a wonderful day.

Give and Take Day - Something for everyone



This was quite a success! As well as donating some of our unwanted items, most of us found something which was 'just what we wanted'. The bonus was that we met up with our friends and had a lovely chat in the sunshine.

Kelvin Grove Wind Orchestra - Concert at The Old Museum



On Sunday 6th August, several of us from Arbor went along to this concert, to see our friend Barb Hill in action....and action it was! I was very tempted to call out "go Barb" as she confidently played the timpani. I thought to myself that this was 'her' instrument, but along with the other four members of the percussion section, she was flitting up and down playing each instrument at some point! A very talented lady! But it wasn't just orchestra. We also enjoyed some beautiful singing and some exciting dancing! Come along to their next concert on November 26th at 2 pm. You won't be disappointed. *Valerie*

Arbor Ukulele Group....out and about in the community



One afternoon last month, a few players from the Arbor Uke Group entertained a gathering of seniors at the Sherwood Neighbourhood Centre. We played some old favourites - great fun for players and audience alike. *Maddie*

MANAGER'S UPDATE

FAREWELL FOR BERNIE AND DELMA

To celebrate their time in the Village, we are holding a special farewell lunch for Bernie and Delma on Monday, 4th September at 11.30am. The SET team have kindly offered to arrange this special event and ask that you bring a plate to share. Management will be providing chicken and bread rolls. To avoid doubling-up, I have placed a list in the library and would appreciate residents indicating what they will be bringing. Salads, sandwiches and any other meat or dessert dishes would be appreciated. So, come along and let's give Bernie and Delma a farewell they will remember for a long time to come. I look forward to seeing you all there.

THE GREAT UNVEILING

To celebrate all Noeleen's hard work and dedication in providing some stunning paintings for the Village, we think it only fitting that we have a special unveiling. This will be held on Friday, 15th September at 10.00am in the Lounge, followed by special high tea. The SET will provide further details soon.

LEASE SNIPPET – YOUR PARKING SPACE

In accordance with Clause 7 of your lease, your parking space may only be used for parking a motor vehicle or a motorcycle. Bikes can be stored in the racks provided, and motorised scooters stored in the carpark area by approval only. Personal items cannot be stored in your parking space or any other area of the carpark.

MAINTENANCE

Any maintenance required must now be in writing either by email to SherwoodVillageManager@bhcl.com.au, by a note dropped into the silver box outside the office entry or delivered directly to the office. Responses from management will be in writing.

DVDs

The DVDs in the lounge have now been relocated to the Library. Should you wish to borrow any of these for personal use, when finished with them please return them to the basket provided. This is so we can ascertain how many DVDs are being borrowed and further cull what is a very large collection.

APARTMENTS FOR SALE

A tour of the Village for interested parties will be conducted on Tuesday, 5th September at 10.00am. Should you have friends or family who are considering moving into a Retirement Village, please let them know about the tour and encourage them to contact the office if they are interested in attending.

RESIDENTS MEETING

The next residents meeting will be held on the Friday, 22nd September at 10.30am on The Deck. Further details and the agenda will be distributed to all residents in the next 2 weeks.

UPCOMING EVENTS

September 4 th 11.30 am The Lounge	Farewell lunch for Delma and Bernie
September 8 th 10.00 am The Lounge then 2 nd floor Cost: \$5	Vintage fashion parade and morning tea Please bring a plate for morning tea
September 13 th 10.00 am In the garden	Working bee Bring coffee and a spade if you have one!
September 15 th 10.00 am The Lounge	Celebration of Noeleen's beautiful Art for Arbor
September 22 nd 10.30 am The Deck	Resident's meeting
September 22 nd 5 pm The Lounge	International Theme Night – Chile Food will be provided by Rosa. BYO drinks
October 27 th 9.00 am	Proposed bus trip to Samford and Dayboro

REGULAR EVENTS DIARY

Trivia with Delma	Alternate Mondays at 10.30am on the Deck: 11th and 25th September
Yoga with Bistra	Tuesdays at 10.45am on the Deck.
Arbor Arts Group	Last Tuesday of the month: 3 – 5pm Library Terrace/SIGN UP FIRST
Ukulele with Becky	Wednesdays at 10.30am – the Library.
Arbor Village Singers	Thursdays at 3.15 - 4.30pm in the Lounge
Social Events Team	20th September in the Library
Happy Hour	Fridays in the Lounge
Movie Nights	2nd and 4th Saturdays of the month at 7.30pm in the Lounge

SATURDAY NIGHT MOVIES



Saturday 9th September at 7.30 pm: *Sunset Boulevard*

Norma Desmond, an ageing silent-screen actor, gets a second shot at fame when a screenwriter agrees to write a script for her. However, their partnership soon takes a dangerous turn.

With William Holden, and Gloria Swanson.

B & W 1950 drama. PG (mild coarse language) 1 hr 45 mins

Saturday 23rd September at 7.30 pm: *The Phantom of the Opera*

A young soprano becomes the obsession of a disfigured and murderous musical genius who lives beneath the Paris Opera House. Based on Andrew Lloyd Webber's 1986 musical of the same name, which in turn is based on the 1910 French novel by Gaston Leroux.

Colour 2004 musical romance. PG (medium violence). 2 hr 23 mins

In other news



Rainfall reading as at 31st August 2023 was ½ ml. Thanks Delma.

From the Library

Books

We are fortunate to have so many residents who donate books to our library. For a few days, new arrivals are displayed on the book rests near the window. Room is then found for them (in surname of author order) on the bookshelves. Books not being borrowed need to make room for the new arrivals. They are placed in a box marked 'awaiting collection'. When the next box is full, it will be donated to St Vincent's at Corinda. Feel free to rummage through the box and rescue any books that appeal.

Compact Disks

A CD player has been donated by a resident. Thank you to the residents who have donated CDs.

Jigsaw Puzzle

A new puzzle has been donated.

The four corner pieces and those forming the border have been isolated. Whoever connects the final piece to form the border is entitled to a biscuit from the biscuit tin.

Whoever places the final piece so that the jigsaw puzzle is complete is entitled to two biscuits from the tin.

The first person to find the the biscuit tin is entitled to fill it with biscuits

Vintage Fashion Parade on September 8th at 10.00 am

Our last vintage fashion parade was a great success. This one should be just as much fun. There will be different clothes and our very own Jen (aka Ruby) from the 2nd floor will be one of the models. Don't miss this enjoyable morning. We will meet in the Lounge at 10am then move to the 2nd floor for the parade. Bring your friends!

Working Bee in the garden – September 13th at 10 am



If you have green fingers, or even if you do not, come along to our working bee. There are a few jobs to be done, nothing major, and many hands make light work. If you happen to have a spade, please bring it along. Gardening gloves would be a good idea as well. If you aren't up to gardening, but just feel like a chat, bring your coffee down and join us. Come and see what is available to pick now!

Herbs – Mint, Thyme, Sage, Parsley – both Curly and Italian or flat leaf, Chives and newly planted Rosemary in the side garden. Still some Basil holding up, unusual for winter, but we will be planting some more soon, as well as another Italian Parsley plant.

Vegetables: Tomatoes going wild – these are cherry tomatoes, and we will be staking them this week! There is also a Rocket plant and many Bok Choy plants.

We also planted a Lemon Myrtle tree – behind the herb garden which is doing well although the tomatoes are all but hiding it. Once the tomatoes are staked, it will be visible again. The leaves of this can be used in many ways: teas, syrups, glazes, cakes, biscuits, dressings, ice cream, fish and meat dishes. It has a refreshing lemon scent and is wonderful as a tea, especially when suffering from a cold or flu. Just pluck fresh leaves as needed. It has anti-bacterial and anti-fungal properties. Come and sit in the garden and enjoy! *Lyn and Doug*

Arbor Village Magazine

If you have been somewhere interesting and would like to share with us, read a great book, been to the movies or discovered a new recipe, please send your news item to Maddie (401) for inclusion in the next magazine. Of course, if there are no contributions, there will be no magazine!

