



NEWSLETTER FEBRUARY 2023

Welcome to this New Year with our Arbor community, and welcome to our first Arbor Newsletter for 2023. Since we haven't produced a Newsletter since early December, this is our opportunity to remember our special End-of-Year Celebrations and events and to look forward to a new Calendar of events – many of them are our regular activities and some will be new events, so please enjoy our 'looking back' and our 'looking forward'. *Maddie.*



Many thanks to the *Arbor Village Singers*, led by our wonderful director, Valerie, and to the *Arbor Ukulele Group*, enthusiastically tutored and led by Becky, who combined to present our **Christmas Concert**. We hope that some residents who enjoyed the concert might feel encouraged to join either the Choir and/or the Uke Group. You will be most welcome!



An inaugural **Art Exhibition** was presented by our small group of Arbor Artists who practise under the fine guidance of our resident artist, Noeleen. All are amateurs, many are



first-timers and a couple of the works on display were 'still in progress'. It is hoped that this event will encourage other first-time artists to join our monthly *Paint 'n Sip* sessions. Don't worry! The serious painting comes first, the 'sips' are optional and only available at the end of the session ☺

End of Year Celebration Luncheon

Thank you to Marg and the Social Events Team for our luncheon. It was a suitably happy and friendly gathering, and we all enjoyed a variety of delicious food beautifully presented by the caterers. Many thanks to those who donated to the generous hampers for the Christmas raffle, congratulations to the lucky winners and our grateful appreciation to everyone who helped on the big day.



...and, **following** shortly after all that, was the *Trivia Christmas break-up & Lunch – and some birthdays*



On the Friday evening before Christmas, our *Arbor Village Singers*, joined by an enthusiastic group of residents, presented a performance of **Christmas Carols on the Balcony** outside the Lounge.



FROM THE MANAGER

WELCOME NEW RESIDENTS

DOUG and LYN MOORE moved into **Apartment 402** on 30th January. Doug and Lyn have made the move from Cleveland to be closer to friends and family and are familiar with the area and all it has to offer as Doug lived in St Lucia in his younger years. Doug is a writer and cyclist; Lyn is the current convenor at *Redlands4Refugees* and an avid Dragon Boat paddler. She currently paddles for *Dragons Abreast* and is heading to New Zealand in April to compete internationally with her team “missabitatitty”. We wish them luck. Please join me in welcoming them into our community.

FINANCIAL STATEMENTS

Resident statements for the period of October-December 2022 are now available upon request. Should you require a copy please contact the office to issue.

SMOKE ALARMS

It is great to see that, with the slight modification of the sensitivity of the smoke alarms, we have had only 1 call-out in 6 months. I would like to take this opportunity to remind residents not to use aerosol sprays near the alarms as this will activate the alarm. This includes sprays such as deodorant, hairspray, perfume, oven cleaners and fly spray.

NEW! INTERGENERATIONAL PROGRAM commences Monday 13th February at 10am - in the library. We still have spaces for those residents who wish to participate so please add your name to the list in the Library. This will then be every fortnight for 6 sessions.

VOLUNTEERS NEEDED

If you can help, please complete and return the Volunteers Form by 6th February. We do need a volunteer to clean the artificial plants on Level 2 this year if someone can assist.

COMMUNITY GARDEN - A reminder that In the Community Garden you will find lots of large and small leaf Basil, Sage, Chives, Thyme, Italian Parsley, and small tomatoes. Also, in the Terrace garden outside the Office we have lots of Mint, Sage and Thyme.



REGULAR EVENTS DIARY

- Trivia with Delma** Alternate Mondays at 10.30am *on the Deck: 6th & 20th February*
- Yoga with Bistra** Tuesdays at 10.45am *on the Deck.*
- Paint 'n Sip** Last Tuesday of the month: 3 – 5pm *Library Terrace [sign on first]*
- Ukulele with Becky** Wednesdays at 10am – *Library.*
- Arbor Village Singers** Wednesdays 3.30 - 4.30pm *in the Lounge*
- Social Events Team** Meeting Thursday 9th February, 3pm *in the Library*
- Tai Chi with Julia** Thursdays at 9am *on the Deck*
- Happy Hour** Fridays from 5pm *in the Lounge.*
- Movie Nights** 2nd and 4th Saturdays of the month at 7.30pm *in the Lounge*

SATURDAY NIGHT MOVIES

Saturday 11th February at 7.30 pm: **LADIES IN LAVENDER**

In 1936, aging spinster sisters Ursula (Judi Dench) and Janet (Maggie Smith) discover a young man near death on the beach by their home in a small Cornish fishing village. Taking him in, they discover that he is a violinist from Krakow, Poland, who had been swept off an ocean liner. Filmed in Cornwall; released 2004. Rated M; 1hr43min.



Saturday 25th February at 7.30 pm: **BAREFOOT IN THE PARK**

Corie [Jane Fonda], a free-spirited young girl, and Paul [Robert Redford], a conservative, uptight lawyer are newly-weds whose relationship descends into comical discord in a five-flight walk-up apartment in Greenwich Village. American romantic comedy film adapted from a 1963 play of the same name. Filmed in New York; released in 1967; Rated PG. 1hr 46mins.

From the Library: Thank you to residents and friends who have donated to the library so many well-loved and/or recently published books. It will soon be time for another library cull, and books not being borrowed by residents will go to the UQ Alumni book shed. They can then be sold at the bi-annual book sale and the money used to help students to buy essential supplies. When returning books to the Arbor Library, please place them in the basket provided for returned books. I can then get an idea of which books are popular and therefore not destined for the book shed. *Clive*